



LymphEd's Treatment of Ortho-Related Edema Course

Course Objectives

Home portion

1. After completion of the home program, the participant will develop a basic understanding of the Revised Starling's Equilibrium.
2. After completion of the home program, the participant will develop a basic understanding on the principles behind gradient compression with edema treatment.

Onsite Portion

1. The participant will be able to correctly explain the Revised Starling's Equilibrium and how this impacts ortho-related edema.
2. The participant will be able to properly organize a plan of care to assist with edema reduction while working on strengthening and range of motion for patients with orthopedic diagnoses.
3. The participant will be able to apply ortho-related compression bandaging techniques for both upper and lower extremities.